Plimmerton School Newsletter - Week 8, Term 3, 2015



Breaking News Breaking News Click here....



Plimmerton Navy played the staff in an end of season game last Friday



From the Deputy Principal

Tena Koutou

JUNIOR SCHOOL PRODUCTION - Kowhai and Mana Syndicates are very focussed on rehearsals for the production "After School Antics". Every student in Years 1 to 4 will have a part to play during the three performances which will be a matinee at 1pm on Wednesday 24th September, an evening performance at 7pm that night and a second evening performance on Thursday 25th September, also at 7pm. Tickets are available from the office and you are urged to purchase these as soon as possible to avoid disappointment. A working bee involving over 60 parents, grandparents and older siblings did an amazing job last night making costumes and props. Thank you so much to all of you for supporting your children and the Kowhai and Mana teachers as they prepare for this opportunity to showcase their learning in the performing arts.

END OF THE WINTER SPORTS SEASON - Last weekend saw the end of the season for our 9 netball teams and our 5 hockey teams who have all played in Saturday competitions against other local schools. Our 2 basketball teams completed their season recently also. While the school can coordinate the participation of teams in external competitions we are reliant on the many parents who have coached and managed teams and to the even larger number of parents who have supported their children from the side line week by week. While playing in teams our students have the opportunity to uphold the school's values of energy, pride, excellence, collaboration and trust



From the Principal continued......

not to mention developing sportsmanship. Thank you to all parents who have contributed to the success of our winter sports season. Thank you also to the teachers who have coached, coordinated and supported all these teams.

SCHOOL POOL - The pool was filled this week for testing of all systems before it opens on Saturday 26th September. Pool keys, which will give families access to the pool and barbeque, outside of school hours and after 6pm on week days when EasySwim Swim School is operating, are now available. The keys are \$110 for the season which runs through until the end of May in 2016. Keys can be purchased from the office or from Black Rose Florist on Steyne Avenue when the office is closed. The revenue from the keys supports the maintenance of the pool so all families are requested to purchase their own key for the season. At the price of \$110 and considering the length of the season the pool provides a very reasonably priced recreational facility. Remember to return your key at the end of the season for a **\$20 refund**.

The **BEE WISE MOBILE DENTAL VAN** is currently at the school. All children enrolled with Hutt Valley Health will be examined over the next 3 weeks by a Registered Dental Therapist. Please ask your child for the letter which they will have received to outline the treatment or any necessary follow-up work required. If parents have any queries they can call 0800 825 583 or call at the van and speak with a therapist.

Tena koutou katoa Rosemary Oxnam Deputy Principal

PTA News

- **NEXT SAUSAGE SIZZLE:** 18 September \$1.50 sausage/\$1.50 drink
- **DISCO:** Its disco time again!! The term three disco is being held on Friday 11th September. The Years 1-4 disco will be from 6-7pm and the Years 5-8 from 7.30-9pm. Entry is \$5. Glow products, drinks, chips and Iollies will be on sale. Sausages in bread will also be available for sale prior to each disco. Check out the posters around school for more information.
- Motorbike riders needed to give kids short rides at the gala. Don't need to come for entire day, any duration is greatly appreciated. Jet Ski and skipper may be needed. If you have a jet ski and would be happy to give kids short rides as part if Wet N Wild, please let us know. The kind owners of the jet ski used previously are selling it, so we are just looking for a back up option at this stage. If you can help please email pta@plimmerton.school.nz



Social Skills

"BEING CONSIDERATE OF AND SUPPORTING OTHER PEOPLE"

Key competencies: Relating to others, participating and contributing, managing self

Connecting Behaviour: supporting, negotiating, accepting

Basic needs: Love and belonging, power and freedom

Values: Collaboration, trust

LOOKS LIKE		SOUNDS LIKE
•	Being aware of how other people are feeling.	"I know you are upset that you missed out on"
•	Recognising when other people are unwell and need our support.	 "You don't look very well. Can I do something to help?"
•	Being patient.	• "I'll wait."
•	Saying and doing encouraging things.	 "You did a really good job of"
•	Being proactive when things are going wrong.	 "Don't say those things to him. That's unkind and not true."
•	Thinking of ways to help.	 "I'll go and tell a teacher. We need
•	Kind words.	help to sort this out."
•	Using connecting behaviours.	 "I like you. You are my friend."
•	Being inclusive.	 "Let's see if we can work this problem
•	Inviting others to join in.	out that we have, so that we can get
•	Sharing our things and our time.	on together."
•	Being prepared to stand out in the crowd.	"Come and sit with us, don't sit on your own."
		 "I could come and help you after school."
		 "You all might think that about her but I think she is a really kind caring person . I want her in my group."

School Notices

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- **SWIMMING POOL:** If you are interested in joining our "Pool Openers Roster" please email Louise office@plimmerton.school.nz. You would receive a free pool key and be rostered on approximately monthly.
- BOARD GAMES FOR THE LIBRARY: Our library needs board games for children play at lunchtimes. If you have any you do not want and they are in good condition, we would appreciate the donation.



Board of Trustees

Our Board of Trustees meets twice each term in the school library. The next meeting will be Wednesday 16 September. For further information, please <u>click here</u>.

Healthy Kids Corner

HEALTHY KIDS and EATING TOGETHER

Eating together is good for your health:

Research has found that families who regularly share meals together have children who have higher self-esteem, interact better with their peers and show higher resilience in the face of adversities.

Families who eat together are more likely to follow the five plus a day, consume less fried food and sugary drinks and generally have diets that are healthier and higher in nutrients.

Choosing Healthier Takeaways:

You may be in need of a snack or meal when you are out and takeaways are an easy option. Some of the lower fat takeaways include:

- Rice and noodle base takeaways
- Kebabs
- Burgers with salads
- Crumbed or grilled fish instead of battered
- Chunky chips instead of thin

Student Notices

starting next week

- THURSDAY 17TH SEPTEMBER





Student Notices

Bring your skateboards, scooters and bikes for Wheels week 15th - 18th of September.

Please note what day your syndicate has wheels day:

- Kowhai Y1-2 Tuesday15th September
- Mana Y3-4 Wednesday 16th September
- Hongoeka Y5-6 Thursday 17th September
- Taupo Y7-8 Friday 18th September
- 1. Please store you bikes behind Room 18 and take scooters and skateboards to your classrooms to store.
- 2. At lunchtime skateboards will be outside Room 14-18, scooters will be on the top court and bikes will be down on the field.
- 3. Please <u>walk your wheels</u> to the designated area at lunchtime where the Student Council will supervise and guide you.
- 4. No Helmet no riding, scootering or skateboarding sorry.

From the Plimmerton Student Council 2015

Student Work

The YEAR 5 AND 6 PLIMMERTON SCHOOL MATHSWELL TEAM who came 8th out of 35 teams in the Wellington competition at Chilton St James. What a fantastic effort!



Fundraiser night for Ruby Red Trust at

The Sandbar

Saturday 19th September - 7.00 pm.

\$20 per ticket. Happy hour drinks, great music, food, raffles and a great cause to support.

Red

Trust



Community



- Kids learn to sail with Paremata Boating Club! Our popular learn to sail courses are designed to introduce children aged 10-14 years and their parents to the sport of sailing. Optimist boats, buoyancy vests and helmets are provided. Check www.paremataboatingclub.org.nz for more information and to register.
- **PLIMMERTON TENNIS CLUB: COACHING CO-ORDINATOR:** Wanted to run After School Tennis Lessons. If you are interested, please contact Anna Kempthorne, Club Captain 2332979 or email to kempthornes1@xtra.co.nz
- KAPITI EQUESTRIAN & VAULTING CENTRE school holiday programmes: Farm Club (for boys & girls 7-12 years) Pony Camp (for riders 9 years old and over) book: 04 902 6108 or www.kapitieguestrian.com
- MIND LAB AT UNITEC: The school holidays are only a few weeks away, so if you are looking for something exciting and innovative for your children to do, why not look to escape to The Mind Lab. Students can select from a range of full day camps (9:00 am 5:00 pm) and learn new skills across the spectrum of technology, creativity and innovation. Each full day camp consists of two different topics per day and they are best suited for students aged 7-12. Spaces are filling up fast, so to book for any of these session please visit our bookings page.
- **FENCING:** I am an experienced teacher and fencing coach with a focus on teaching fencing skills to younger students. Dates for the holiday programmes are: Wednesday Sep 30, Thursday 1 October 2015 and/or Tuesday 6 October, Wednesday 7 October 2015. Fee includes all costs, top class coaching and a mini competition on the second afternoon, using competition equipment. \$130 per person for a 2-day programme/\$100 per person for fencers with more than one member of the family attending a programme (further discounts available for additional family members) \$100 per person, per programme for fencers attending both programmes (Wk1 & Wk2).Contact Susan: Tel 04-9383090. Mob: 021-02761922. Email compt@paradise.net.nz
- ASSISTANT REQUIRED FOR AFTER SCHOOL CARE: Plimmerton School is looking for After School Care Assistant, one or two days per week. The position involves assisting with the supervision of children attending our After School Care Programme. An ability to relate well to children between 5 and 12 years, and skills in either arts & crafts, games or sports is desirable. The days are negotiable, 1 to 4 per week, hours 2.45 to 5.30 pm. To apply, please email Louise, office@plimmerton.school.nz stating your relevant experience and availability.